



Pointers and questions on the book of

Psalms:
Selection A

PSALMS

Session 7

Psalm 91

Trusting the Lord and his sovereign protection of his people

Summary

The un-named psalmist has learnt to trust his sovereign God completely, and this is the source of his security. He realises he's as prone to danger and attack as anyone else but affirms that, so long as he keeps close to the Lord, he can trust him to look after him.

- v1-2** The psalmist asserts his complete trust in the God he loves and serves.
- 3-8** He lists some of the dangers and threats that life throws up, but instead of trembling finds peace in his trust in God.
- 9-13** He states his belief that God's angels are standing by to protect him when danger threatens.
- 14-16** God speaks, assuring the psalmist that he will indeed protect him and deliver him.

Questions to get you thinking

1. What does it mean to 'make the Most High your *dwelling*' (v9)? See also 'dwell' in v1.
2. Verses 3-7 poetically describe some typical dangers of the psalmist's day. What might be some equivalents for us in our time and culture?
3. Can we expect angels to protect us today? See Hebrews 1:14.
4. How can v11-12 be misused? Look at Matthew 4:5-7.
5. Are God's words in v14-16 a general principle regarding his attitude to those who love him or a fixed rule that we can demand him to apply without exception?
6. How do you square this psalm with Psalm 88 that we looked at last time, where Heman suffered long-term desolation and depression?
7. Jesus loved and obeyed his Father more than anyone. Was *he* spared all danger and pain?
8. In the light of Romans 8:28 we have to believe that the difficulties and tragedies a sovereign God allows to touch us are somehow calculated to work for our ultimate good. How did this apply in Jesus' case?
9. Say how good has come out of some difficulty you yourself have faced.
10. In the light of this psalm and its overall tone, what should be our attitude as we face life with all its potential difficulties?

